

VOLUNTEER EXPRESSIONS OF INTEREST

VOLUNTEER *TRAINING FOR LIFE* CHAMPION

PLEASE READ THE INFORMATION BELOW PRIOR TO COMPLETING AND SUBMITTING THE ATTACHED FORM.

Prospect Community Services Ltd. is currently accepting Expressions of Interest (EOI) from people interested in serving as **Volunteer Training for Life Champions** responsible for conducting mental health awareness sessions in their local community.

We are seeking four (4) Champions (one each from the Charters Towers, Pentland, Hughenden, and Ayr communities) to undergo suicide prevention training in order to facilitate local community awareness sessions. These Champions will be community members willing and able to help their community deal with mental health at a grassroots level.

Community	Training Course	Course Overview
Charters Towers	Mental Health First Aid	This training offers suicide prevention awareness as well as information about other mental health issues. Community Champions will learn about the signs and symptoms of the prevalent and often debilitating mental health problems, how to provide initial help, where and how to get professional help, what sort of help has been shown to be statistically effective and how to provide first aid in a crisis situation.
Hughenden		
Pentland	ASIST safeTALK	ASIST prepares participants to apply a suicide intervention model. It helps caregivers recognise when someone may be at risk of suicide. It then explores how to connect with them in ways that understand and clarify that risk, increase their immediate safety and link them with further help. safeTALK prepares participants, regardless of prior experience or training, to become a suicide-alert helper capable of connecting people with thoughts of suicide with life-saving intervention resources.
Ayr		

The role itself involves:

- Successfully completing the nominated mental health training course within the designated timeframe;
- Promoting, arranging, and delivering a total of six (6) community-based awareness sessions a year;
- Supporting the local community in dealing with mental health crises.

To be successful as a Volunteer Training for Life Champion you will:

- Be a community-minded individual with a strong interest in supporting your community in addressing the shortage of knowledge and information about mental health;
- Have well-developed interpersonal and communication skills;
- Maintain high ethical standards;
- Possess, or be able to obtain, a current:
 - Queensland Driver Licence
 - Blue Card Positive Notice (Working with Children check)
 - Yellow Card Prescribed Notice (Criminal History screening);
- Have sound organisational skills;
- Be able to work independently.



If this sounds like you, complete the form on the following page and submit:

- In person: by delivering it to Reception at our Neighbourhood Centre at 3 Powell Lane, Charters Towers;
- By Mail: by posting it to PO Box 207, Charters Towers, 4820; or
- Electronically: by e-mailing a scanned copy to hr@prospect.org.au.

With your written consent, Prospect Community Services Ltd. will retain your completed Expression of Interest Form for a period of 3 months for the purpose of pursuing volunteer opportunities with you.

For any further information or clarification, drop a line to our Human Resources team at hr@prospect.org.au for assistance.

VOLUNTEER EXPRESSIONS OF INTEREST FORM (VOLUNTEER TRAINING FOR LIFE CHAMPION)

NAME:			
ADDRESS:			
PHONE NUMBER:			
EMAIL:			
MY RECENT VOLUNTEERING/ EMPLOYMENT HISTORY:	POSITION	ORGANISATION	DATES ENGAGED
WHY I WOULD BE AN EFFECTIVE, SUCCESSFUL VOLUNTEER TRAINING FOR LIFE CHAMPION (BASED ON THE CRITERIA LISTED ON PAGE 1):	<p>(Please attach an additional page if you need extra space)</p>		

<p>WHY I AM INTERESTED IN SERVING AS A VOLUNTEER TRAINING FOR LIFE CHAMPION:</p>	
<p>THE PERSONAL ATTRIBUTES I WOULD BRING TO THE VOLUNTEER TRAINING FOR LIFE CHAMPION ROLE:</p>	

SIGNATURE: _____ **DATE:** _____

I consent to Prospect Community Services Ltd. holding my information on this form for a period of 3 months for the purpose of pursuing potential upcoming volunteering opportunities with me.

OFFICE USE ONLY:	
DATE RECEIVED: ___ / ___ / ___	
REFERRED TO: _____	