

#### WELCOME TO OUR Quarter 1 January - March 2025 Newsletter

ne re so glad you're here!



#### A Community Update

Welcome to the first newsletter for 2025! The newsletter will provide you with updates, what's on, what has been happening at Prospect Community Services, the Wellness Hub and out and about in the community.

The beginning of the year is a busy time for our staff who complete their mandatory training and finalise their program annual plans. This year we are inspired to deliver, drive, collaborate and share more than ever before. Enjoy our newsletter and stay tuned for exciting updates!

#### International Volunteers Day

International Volunteer Day was on the 5th December. This day highlights the power of volunteering to strengthen communities and create positive change. We extend our sincere thanks to our lovely volunteer, Janice who each and everyday volunteers with dedication and selflessness.

This day is an opportunity to celebrate their remarkable contributions and acknowledge the profound impact volunteers have on our community. It is a day where volunteers and the spirit of volunteerism is acknowledged.

makes people part of the solutions. Volunteerism lets people and communities participate in their communities development and the challenges we face.

If you are interested in volunteering with Prospect Community Services please contact HR on Ph 4787 4797.



OLUNTEERRECOGNITION /OLUNTEERIMPACT #MAKINGADIFFERENCE





#### Message from the CEO

As we welcome the new year, I want to take a moment to acknowledge the incredible resilience and unity of our community in the wake of the recent flooding. The past weeks have been challenging, yet time and again, we have seen the strength, generosity and compassion of our neighbours, volunteers, local businesses and organisations coming together to support one another. Our community continues to inspire us. Thankyou!

2025 holds new opportunities for growth, collaboration and meaningful impact. We can't wait to take you on our journey and share the important work that Prospect Community Services does every day through our brand-new website designed to connect, inspire, and support our amazing community like never before. Stay tuned for the big reveal in the coming weeks.

Finally, I would like to thank my staff for being the heart of our mission—your contributions make all the difference, and I look forward to achieving even greater things with you in 2025!

TIFFANY HOPKINS

CHIEF EXECUTIVE OFFICE



#### Donation Milestone Celebrated

Prospect Community Services extend a heartfelt thankyou to Phillip Neilsen for reaching another donation milestone!





#### bamara



# Identify and achieve your goals with Parent Pathways

Connect with a mentor who can help you plan your future.



Call 1300 012 476 or visit bamara.com.au/parent-pathways









#### Hollimans Rural Mitre 10 Community Partnership

WE ACKNOWLEDGE AND THANK-YOU FOR YOUR CONTINUED SUPPORT!

December-January School Holiday Program went down a treat with the team at Hollimans Rural Mitre 10 partnering again this year with Prospect Community Services Family and Youth Support Team for a morning of fun followed by a free sausage sizzle. Many thanks to the staff at Hollimans Rural Mitre 10 for hosting and supporting families in our community.

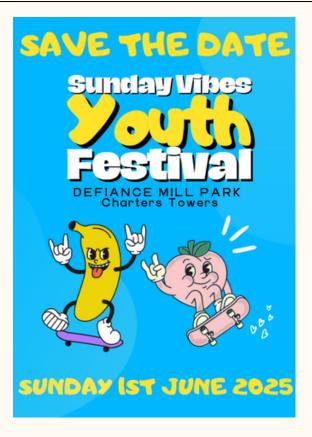


### Coming Up CRAFT WORKSHOPS

Craft workshops are being held each Wednesday from 1-3pm at the Wellness Hub, 11-15 Church Street Charters Towers

Find out more by contacting the Wellness Hub

Ph: 4764 5522 or Email: wellnesshub@prospect.org.au Places are limited & booking is essential.





#### Discover Prospect's Community Library

Created by our dedicated volunteer, Janice, this library is more than just a place to borrow books—it's a vibrant hub for everyone in the community.

**Explore Our Collection**: From the latest bestsellers to timeless classics, our shelves are stocked with a diverse range of books for all ages and interests. Whether you're a voracious reader or just looking for a good book to unwind with, you'll find something to love.

Book and Puzzle Exchange: Bring a book or puzzle to share, and take one home to enjoy! It's a wonderful way to connect with others and discover new favourites. Don't miss out on these exciting opportunities! We look forward to seeing you there.

**Opening Hours**: We are open from 9 AM to 4 PM, Monday to Friday. Drop by anytime during these hours to explore our collection.

#### Zonta Donation! Court Support Goodies Bag

Prospect Community Services would like to thank the Zonta Club, Charters Towers Inc. for the wonderful donation of a court support goodies basket for victim survivors appearing at the Charters Towers Magistrates Court.

The Court Support Service assists people to be aware of the court processes and understand the meaning of domestic violence orders and other actions of the court.

Contact Us:

47874797

📍 3 Powell Lane Charters Towers.



**Donate Books**: Please donate if you have books in excellent condition. Your contributions help us expand our collection and serve the community better.

**Contact Us:** For more information, call the Prospect Wellness Hub on **47645522**.

Come visit us at the Wellness Hub on Church Street and see what the Prospect Community Library has to offer. We can't wait to welcome you!





# FREE WHAT'S ON LHE

1pm - 3pm :: 5th February - 30th April 2025







5th & 7th February

Community Garden Scarecrow

5th March Natural Alphabet Art

2nd April **Easter Craft** 

12th February

No Sew Valentine's Day Heart

12th March Beaded Plant Stakes & Keychains

9th April Make an Easter Wreath

19th February Faux Stained Glass Window

19th March Yarn Wrapped Affirmations 16th & 23rd April **ANZAC Craft** 

26th February Recycled Bottle Floral Art

26th March **Driftwood Wall Hanging** 

30th April **Beaded Drinking Coaster** 

These activities are free of charge and open to all members of the Charters Towers Community

Places are Limited :: BOOKINGS ESSENTIAL



prospect **WELLNESS HUB** 



### Free Podcasting Workshops

Prospect Community Services hosted a Free Podcasting Weekend Workshops with Jason (Wolfie) Wolfgram from Bull FM for Youth (ages 12-24). Our Youth Participants gained insight into the world of podcasting and obtained skills and knowledge to host their own podcast.

Funded by - Tackling Regional Adversity through Connected Communities (TRACC) Grants Program 2024/25.









## GROWERS GROUP



Join the Growers Group and share your knowledge and experiences with other passionate or aspiring food gardeners.

Share essential planning, care and maintenance techniques to create a thriving garden.



#### EVERY TUESDAY 9:00AM - 10:00AM

THE WELLNESS HUB Charters Towers

For more information, please contact The Wellness Hub 11-15 Church Street Charters Towers Ph: 4764 5522 or email: wellnesshub@prospect.org.au



#### Let's talk about

# N.I.L.S

#### What is NILS?



- No Interest Loans.
- Help to reduce financial strain when unexpected expenses arise.
- Borrow up to \$2,000 for essentials such as appliances, car repairs or registration, medical or dental expenses, and more...



#### How to apply?

- Fill out an application which are available at the counter.
- Book an appointment with our NILS officer.
- Bring in all documents required including quotes for goods.



#### To book an appointment

Come see us at: 3 Powell Lane Charters Towers

Call: 07 4787 4797

Appointments available daily.

Brought to you by:



Funded by:



Local provider:



#### ALL PEOPLE HAVE THE OPPORTUNITY TO ACHIEVE THEIR FULLEST POTENTIAL!







#### Christmas Hamper & Toy Drive 2024

Thank you to our community partners who helped us with contributions of groceries and gifts for children and families in the community in need at Christmas time! Christmas Hamper & Toy Drive Day is organised each year with registrations open to those experiencing financial difficulties or hardship.







WWW.PROSPECT.ORG.AU

#### LEARN HOW TO MAKE BETTER FINANCIAL DECISIONS!

#### Financial Resilience

Our Financial Resilience Program offers information and education about:

- budgeting and developing a money plan
- financial literacy
- savings accounts
- accessing telco and utility hardship programs
- · rental arrears
- accessing government concessions, superannuation
- fines/state debt collection (SPER).



#### IMPROVE ON YOUR MONEY MANAGEMENT SKILLS!

Whether you need one session or multiple, we will help you to improve on your money skills and make those goals.

If you are interested in having a one-on-one appointment, please contact the **Financial Resilience Worker** during our office hours. **\47874797** 🖾 info@prospect.org.au

THE FRIENDLY STAFF AT THE PROSPECT COMMUNITY SERVICES AND THE WELLNESS HUB OFFER A RANGE OF SUPPORT, WORKSHOPS, PROGRAMS, EVENTS AND ACTIVITIES AND MORE.

Charters Towers Access Group



Access / Advocacy

Projects include:
All Abilities Playground
Street and Shop Accessibility
Pool Upgrades
Infrastructure Audits
Disability Action Week



# Community Inclusion and Advocacy Greater Accessibility Local and State Consultation

phone: 0487 352 434 email: ct.accessgroup@hotmail.com post: PO Box 1111 Charters Towers 4820









HAVE YOUR SAY CHARTERS TOWERS

#### Scavenger Hunt

Congratulations to our NDIS Scavenger Hunt Champion!

After teaming up with his support workers for two weeks of exciting challenges and embarking on learning adventures, we are thrilled to announce the winner of our Prospect Community Services 'Be Prepared, Not Scared' Emergency Planning Scavenger hunt for 2024.

Winner: Fred Peek

Announced on: December 18, 2024

Thank you to everyone who participated and made this event a success. Your enthusiasm for learning and commitment to local emergency preparedness truly shone through! By engaging in these challenges, you've helped build a safer and more informed community. Stay tuned for more educational and preparedness events in the future.

#COMMUNITYPREPAREDNESS #LEARNINGTOGETHER #STAYSAFE



If you are a NDIS participant and want to participate in future events, please contact Prospect Community Services on: 4787 4797 or email info@prospect.org.au or drop in to talk to our centre staff at the Wellness hub 11-15 Church Street Charters Towers.

We'd love to have you join us!



Prospect Community Services invites all community members to share their thoughts and aspirations for the community.

Your feedback will help us plan activities, events, and programs that truly reflect the needs of our community.

Your responses are completely anonymous and will guide us in creating meaningful initiatives for our region.

Please share this post with your friends and family to ensure everyone has the opportunity to contribute!







Saturday 10th May 10am - 4pm

Spaces are limited. Please register before the 5th May.

The Wellness Hub 11-15 Church Street, Charters Towers Phone: 4764 5522 or Email: wellnesshub@prospect.org.au

Make movies - Learn the gear - Bring your ideas to life!



# BREAKFAST CLUB



#### MONDAY - FRIDAY 8am - 9am @ THE WELLNESS HUB 11-15 Church St

We've relocated from Buffalo Hall, which is currently undergoing repairs, but the same great start to your morning is waiting for you!

Come along, bring a friend, and fuel up for the day ahead!







Did you know that for the price of a cup of coffee you could help Prospect Community Services provide a meal to a person in need.

While Prospect Community Services holds Government Service Agreements to fund programs, there is so much that Prospect does outside the scope of the funded service agreements to benefit the community. Therefore any donation that received is put into supporting the programs that have been developed to assist the individuals who need the most help in our community. Prospect Community Services is a registered charity, meaning that any donation over \$2 is tax deductible. Prospect Community Services offers a safe way to donate through PayPal, so feel safe online while helping out your community. So please, no donation is too small and every dollar does truly help!

https://www.prospect.org.au/how-to-donate

You can also donate in person at 3 Powell Lane Charters Towers.

PROSPECT COMMUNITY SERVICES (ACN: 611 787 467) IS A REGISTERED CHARITY UNDER THE AUSTRALIAN CHARITIES AND NOT-FOR-PROFITS COMMISSION (ACNC)





#### 📞 Woolworths 🌀



#### Working in Partnership



**Prospect Community Services** extend a big thank you to Woolworths Charters Towers for their continued support! Prospect Community Services generous donations have available in the front foyer every Monday, Wednesday & Friday at 3 Powell Lane Charters Towers.

Donations also go towards our free Community Breakfast program and Soup Kitchen





- wellnesshub@prospect.org.au



#### Are You Prepared For Severe Weather?



During cyclone and storm season, take action with this checklist to ensure you're well-prepared for upcoming severe weather.

☐ Check and prepare your emergency kit		
		At least 10 litres of drinking water per person
		A properly equipped first aid kit
		Fully charged torch or battery powered lantern
		A battery powered radio
		Essential toiletries
		Portable power pack to charge your phone
	Fuel up vehicles and park in a secure location, if possible	
	Stock up on enough food for up to 72 hours	
	Clear and tidy yard of hazards	
	Tie down or store loose outdoor items	
	☐ Keep gutters and downpipes clear of blockages	
	St	ay up to date with latest severe weather warnings

Stay informed with cyclone updates and weather warnings at bom.gov.au

Triple Zero SES Energex Policelink
000 132 500 13 19 92 131 444



### Charters Towers - Are you prepared for Severe Weather?

Charters Towers Regional Council Emergency Dashboard https://getready.charterstowers.qld.gov.au/

For more information about emergency kits, visit https://www.getready.qld.gov.au/

For cyclone preparedness and safety advice, visit Queensland's Disaster Management Services website www.disaster.qld.gov.au

Stay up to date with weather warnings here 👉 www.bom.gov.au

Queensland State Emergency Service(SES) on 132 500 for assistance with storm damage, rising flood water, fallen trees on buildings or roof damage.









Proudly Supporting

#### HUGHENDEN

1



#### **AVAILABLE SERVICES**

- FAMILY SUPPORT
- COURT SUPPORT
- SUPPORT COORDINATION

#### **HUGHENDEN RSL**

17 Flinders Street, Hughenden 10AM FORTNIGHTLY THURSDAYS COMMENCING FEBRUARY

#### VISITING HUGHENDEN

Dates:

6 March, 20 March, 3 April, 17 April

TO BOOK AN APPOINTMENT Ph: 4787 4797



# SOUP KITCHEN

#### **COLLECTION TIME**

10:00am - 10:30am Every Tuesday and Thursday

Meals to be picked up from

Prospect Community Services

3 Powell Lane



# BALANCE THRIVE BLOSSOM WORKSHOPS Adults

Held Every Monday at The Wellness Hub 1-2 pm Commencing Monday 3rd February 2025

#### The first step to

improve your wellness is to understand that health and wellness is

physical, emotional, social and environmental.

Places are Limited BOOKINGS ESSENTIAL

for more information

- 11 15 Church Street
  - 4764 5522
- wellnesshub@prospect.org.au

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ALL PEOPLE HAVE THE OPPORTUNITY TO ACHIEVE THEIR FULLEST POTENTIAL!



SUPPORTING FAMILIES, STRENGTHENING FUTURES!

Our Family Support Team is here to work with you!



- Personalised Support Tailored guidance for families with children aged 0-18
- 🌠 Early Intervention Address concerns before they escalate
- 🚺 Practical Assistance Parenting support, connection to services, and advocacy
- 🖊 Flexible & Confidential Face to face, over the phone, or in the community

#### We're here to help!

Contact us today for a confidential chat



🦞 3 Powell Lane, Charters Towers

BE SAFE • BE SURE • GET TESTED • BE SAFE • BE SURE • GET TESTED

Townsville Sexual & Reproductive Health Service is visiting:

AND THE STATE OF T

CHARTERS TOWERS

STI screens/ Contraception/Menstrual Concerns/ Education /

Cervical Screening/All sexual and Reproductive Health concerns

# HEALTH CHECK!

Private and Confidential service
All Information held at Townsville SHS

16 Jan 30 Jan 6 Feb 27 Feb

13 Mar 27 Mar 10 Apr 14 Apr

8 May 22 May 26 Jun

At Allied Health Building At the front of Charters Towers Hospital Call Ruth, Clinical Nurse Consultant Phone: 0429 488 710



#### Community Day 2025

SAVE THE DATE!

Annual Community Day 2024 was held at Centenary Park on 25 August 2024. Community Day is an annual event in Charters Towers to bring together community services and agencies to showcase their activities and promote health and wellness in the community.

Held annually on the last Sunday of August. Save the Date for next Community Day which will be 31 August 2025. It is a great day out!

We would like to welcome everyone back for Community Day 2025. Stall registration will be open from July to lock in your market stall early.











# prospection Community services Community Housing Tenant Meetings WELLNESS HUB

11-15 CHURCH STREET

FRIDAY 14TH MARCH 2025 10:00 AM
FRIDAY 6TH JUNE 2025 AT 10:00 AM
FRIDAY 5TH SEPTEMBER 2025 AT 10:00 AM
FRIDAY 5TH DECEMBER 2025 AT 10:00 AM



Operating in over 50 communities

across rural, regional and remote Queensland for over 30 years.



EXERCISE PHYSIOLOGY





ASSISTANT

#### MENTAL HEALTH & WELLBEING



ALLIED HEALTH

#### **HOME &** COMMUNITY **SUPPORTS**

NDIS Provider #4050002324

#### www.nwrh.com.au

Freecall 1800 799 244 Phone 07 4781 9300 Email info@nwrh.com.au











DOMESTIC ASSISTANCE



GARDEN

PERSONAL

# WHAT'S ON FREE ATTHE HUB

IPM - 3PM :: 5TH FEBRUARY - 30TH APRIL 2025

5th & 7th February - Community Garden Scarecrow

12th February - No sew Valentine's Day heart

19th February - Faux Stained Glass Window

26th February - Recycled Bottle Floral Art

5th March - Natural Alphabet Art

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30th April - Beaded Drinking Coaster

These activities are free of charge and open to all members of the Charters Towers Community

Places are Limited BOOKINGS ESSENTIAL

- II I5 Church Street
- 4764 5522
- wellnesshub@prospect.org.au





3pm-6pm Saturday, 22 March 2025 PCYC Charters Towers



A fun and interactive event where young drivers can learn essential vehicle maintenance, test their skills on pedal cars, and enjoy a free sausage sizzle!

#### LIMITED SPOTS AVAILABLE

Please register:

Prospect Community Services 3 Powell Lane, Charters Towers Ph. 4787 4797 ~ Email. info@prospect.org.au











Providing legal support for women across North Queensland

#### Legal clinics in Charters Towers 2025







# Does he stop you from seeing your mob?

# This is called coercive control

DV CONNECT - 1800 811 811 Prospect DFV - 0448 347 683 Mensline - 1300 789 978









Providing legal support for women across North Queensland

#### Free legal advice CHARTERS TOWERS

In person at Prospect Community Services

Call now to book an appointment 1800 244 504 or (07) 4772 5400

#### How we can help

#### LEGAL ADVICE AND ASSISTANCE



- Domestic, family and sexual violence
- Family law separation, divorce, parenting and property settlement
- Child safety
- Migration and visa matters

#### CLIENT SUPPORT



- Centrelink
- Financial matters
- Emotional wellbeing
- Housing and more



ngwls.com.au

# DISABILITY SUPPORT

with prospection community services



Meet the team!

### **NEEDING NDIS SUPPORT?**

### Now welcoming new clients

As your local **registered NDIS provider**, we deliver professional, compassionate Disability and Mental Health Support Services in Charters Towers. Our experienced team offers tailored supports designed to meet your unique needs, including:

- ► Individual Support
- Community Participation
- Home and Living
- Respite
- SIL (Supported Independent Living)
- Specialised Care for Complex Needs
- Personal Care
- Wellness Hub Programs

At the Wellness Hub, we also offer group programs designed to promote independence, such as healthy cooking classes, healthy living group exercise, arts and crafts, plus much more. These programs, held Monday to Friday, focus on developing life skills, boosting confidence, and fostering social connections.

Contact us today at 0747874797 or ndis@prospect.org.au - we're here to support your journey!

#### Charters Towers Country Music Parade 2025

#### THIS IS BIG NEWS!

The wait is over! Get your creative brains in gear and start preparing your float for the Charters Towers Country Music Festival Parade. The theme for 2025 is "Aussie Icons" that define the era 1980's to 2000. You are only limited by your imagination! The parade will commence at 5:30pm Friday 2nd May 2025.

Icon examples that define the era are Mad Max, The Man from Snowy River, Crocodile Dundee, Young Einstein, Paul Hogan, Dame Edna, INXS, Commonwealth Games, Ken Done, Expo 88, Agro, Hey, Hey it's Saturday, Steve Irwin, Neighbours, E Street, Blinky Bill, Ossie Ostrich.



- Prince & Princess
- Best School Float
- Best Decorated Float Best Musical Float
- Judges Choice
- Participant (not judged)
- Best Business

Registration's for the Country Music Festival Parade open from Monday, 24th of February! For a registration form or further information please contact Prospect via Phone: 4787 4797 or email: <a href="mailto:info@prospect.org.au">info@prospect.org.au</a> Registrations CLOSE - Thursday 24th April 2025 (Public Holiday Friday 25th April, 2025).









#### Work with us today

#### HAVE ANY QUESTIONS ABOUT WORKING WITH US?

If you are interested in working with the team at
Prospect Community Service
Please check out our Website and Facebook page for Current Vacancies
Phone 4787 4797 or email hr@prospect.org.au

LET'S CHAT!

@prospectcommunityserivces | info@prospect.org.au

WWW.PROSPECT.ORG.AU 07 4787 4797

